

6-1975

Beacon Light: June 1975

St. Cloud Hospital

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Sponsorship: expanded role; stronger committment

To more clearly identify the Saint Cloud Hospital's religious affiliation, the Hospital's Board of Trustees has voted to amend its corporate by-laws and broaden Church sponsorship of the hospital to include the Diocese of St. Cloud.

The sponsorship of the hospital has been the responsibility of the Sisters of the Order of St. Benedict

since 1962 when the hospital became a separate nonprofit institution under their guidance. Previous to that time the Sisters had operated the hospital which they had originally founded.

"Up until now, sponsorship has been a rather nebulous term for most of us," said Mother Evin Rademacher, Prioress of the Sisters of the Order of St. Benedict. "In fact," she added, "it has not been considered a legal term.

"Now, with the restructuring of the St. Cloud Hospital Corporation, we have a more specific legal bond between the hospital and the religious community," stated Mother Evin, "and we have a realistically identifiable role as having ultimate responsibility for our sponsored institutions."

Mother Evin added, "We believe that this new definition of sponsorship will greatly strengthen this apostolate in terms of its continuance as a Christian, Catholic, Benedictine health institution for which it was founded by our religious community."

"Within the past few years," explained Sister Henrita Osendorf, O.S.B., President of the Board of Trustees, "we have seen the moral and ethical philosophies which have long been part of the Judeo-Christian

tradition challenged, and in some cases overturned by special interest groups purporting to represent the rights of each individual American." Sister Henrita referred to the recent Supreme Court decision regarding abortion, fetal experimentation, and the cost-benefit theory of saving human life. That theory, simply stated, suggests relating the medical costs of a patient's recovery and rehabilitation with his potential economic productivity. If the recovery doesn't justify the cost, the patient would be allowed to die.

"We believe we have a right to continue our identity as a private,

(Continued on page 6)



The St. Cloud Hospital School of Nursing recently graduated its class of 1975. Of the 62 graduates, 20 stayed on at SCH. See page 5 for the story.

Inside the Beacon...

Sr. Paul Revier has been named SCH Associate Administrator for Patient Care Services. For the entire management re-organization story, see page 8.



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The Chaplain's Corner



Virtue — Its Own Reward
By: Fr. John H. McManus, O.M.I.

Major Anniversaries

5 YEARS

Susan Umerski — NS - 2 So
Joyce Kramer — NS - ICU
Donald Poepping — NS - ICU
John Clancy — Dietary
Juletta Dingmann — Laundry
Virginia Brown — Medical Staff Ofc
Barbara Storbeck — Medical Records

10 YEARS

Ella Werner — Dietary

15 YEARS

Mary Thelen — Lab

20 YEARS

Collette Gnifkowski — Dietary

Mark your Calendar

St. Cloud Hospital
ANNUAL PICNIC
scheduled for
AUGUST 16
Sauk Rapids
Municipal Park.



"Virtue is its own reward," is an often repeated truism, and acceptable because the capacity for being or doing good generates well being or good. Virtue is rewarded presently as well as in the Resurrection.

Sister Virginia, a member of the Department of Spiritual Care, received a longevity reward from the Hospital for forty years of faithful service.

The fact that institutions recognize and reward virtue is heartening, but the deeper and greater meaning is found in searching out the question of, "Why does one remain in substantially the same position for 40 years?" If we flesh out the question of fidelity with Sister Virginia, she would no doubt characterize virtue not as an end but as a means to remove the obstacles to spiritual perfection. Sister Virginia is a worker as opposed to a professional or technologist, and approaches life from the position of a personalist where relationships to other people and objects become paramount. Sister Virginia, we salute you, not because you have taught, but, because we have learned from you.

OUR RECORD OF SERVICE

Admissions	Births	Operations	X-rays	Lab. Tests	Emergency Out-patient	
April, 1975	1,442	140	637	4,361	27,037	1,073
1975 thru April 30	5,685	548	2,447	17,513	104,682	4,662



COMMENT

by Gene S. Bakke
Executive Vice President

Sponsorship brings a renewed committment to health care

Recently, the Hospital's Board of Trustees amended its corporate bylaws and, in effect, established a new membership corporation to serve as sponsors of the Saint Cloud Hospital. The members of the new corporation consist of five representatives of the Sisters of the Order of St. Benedict and five representatives of the Diocese of St. Cloud.

Through this new corporate structure, these representatives form a body legally authorized to act as a single unit with various rights and duties. These duties include providing religious direction to the hospital, appointing members of the Board of Trustees based on nominations submitted by the Board's Executive Committee, and final approval of such matters as merger, sale, dissolution of the corporation and by-law changes. Ordinarily, the members of the corporation will meet once a year to deal with those matters within their specific sphere of interest and concern.

Previous to this change in corporate organization, the hospital's Board of Trustees carried full responsibility for all matters relating to the operation of the hospital. The Board will continue to have full operational responsibility and authority under the new corporate arrangement, and will make recommendations to the corporate members on those matters on which the members now retain final decision-making powers. Thus the hospital Board will continue to function essentially the way it has in the past except that in certain limited areas of concern, the function of the

Board will be to recommend, with final decision-making authority on certain issues retained by the corporate members. The day-to-day operational aspects of the institution will not be changed.

A significant consideration in the decision to move to joint sponsorship of the Sisters and the Diocese was the recognition that health care is, in fact, a ministry of the whole Church, including the hierarchy, religious orders and laity. Joint sponsorship recognizes, in a formal way, the fact that the health care apostolate is an integral part of the work of the Church in which all have an opportunity to participate, and for which all share in the responsibility and stewardship. The Sisters and the Diocese retain certain limited decision-making authority at the membership level. At the operating level of the Board of Trustees, laity will share equally in numbers of members, hence input and involvement, with a combined equal number of sisters and clergy.

Hopefully, this combined effort of the whole Church — hierarchy, religious order and laity — will herald a renewed Christian commitment to even more effective health care to the people we serve. It has my own complete and total support, and has been met with genuine enthusiasm by other members of administration and the Board of Trustees. We are confident it represents a significant step forward in our continuing efforts to improve our service to mankind.

Four South patients benefit from remote monitoring system

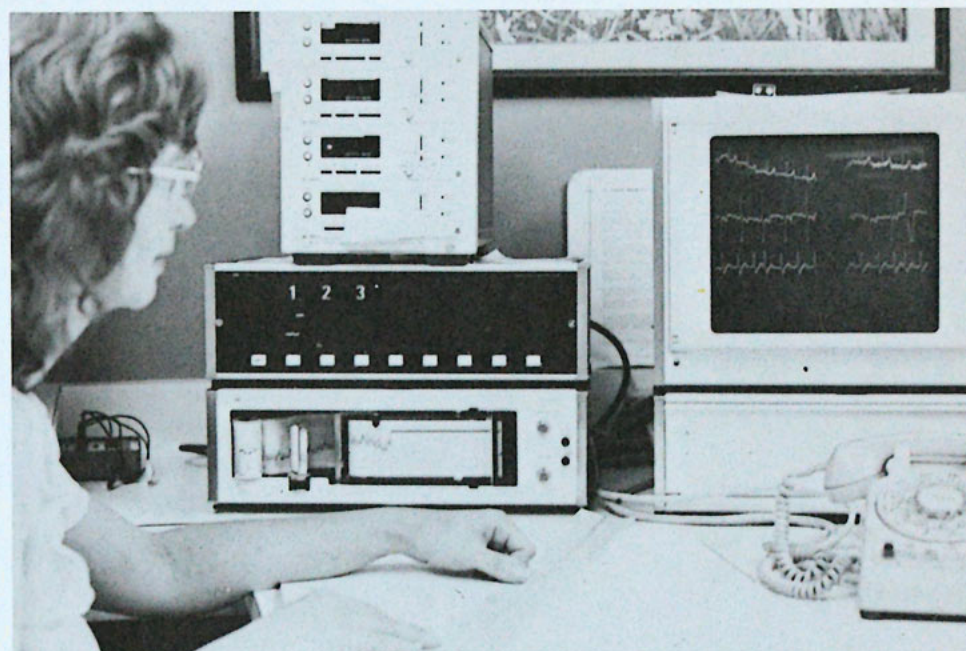
A new sophisticated monitoring system has been added to the 4 South Nursing Unit, which now makes it possible to transmit a patient's heart rate directly to the nursing station.

Most patients leaving the hospitals Cardiac Care Unit (CCU) are transferred to Four South. They remain there until their condition stabilizes to the point where their physician tells them they can go home.

"The entire system was designed to function as a step-down unit for patients coming from the Cardiac Care Unit who may require continued monitoring," Phyllis Burgmeier, Cardio Vascular Clinician said. "It will fill the gap from constant monitoring to none at all."

"Four South will also act as a sort of Observatory Unit for those coronary patients who may need monitoring, but not as extensively as in CCU," Burgmeier added. "Instead, they will be connected to the remote system and be free to walk around the Unit the entire time they are being monitored."

Patients are connected to the \$35,000 telemetry system by a small, portable battery operated sensor which transmits electronic signals



Evonne Dahlin, 4 South Head Nurse, compares the tape of a patient's heart rate with the signals being received on the monitor. The system, which currently handles four patients, can be expanded to include eight.

describing the patient's heart rate. A receiver at the nursing station picks up the signals where they are displayed on the monitor and printed on a tape for future reference.

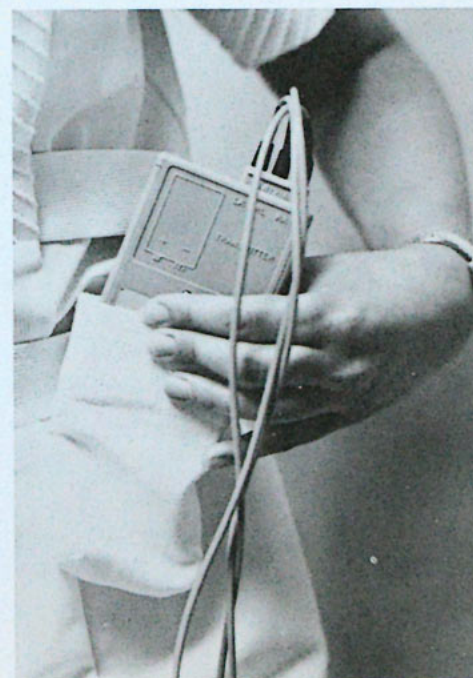
Nurses staffing 4 South have undergone extensive training in telemetric coronary care — about the same as those in the CCU. Any abnormal changes in the patients

heart rate activates a warning device built into the system alerting the nurses, who can then immediately respond to the situation.

"The new telemetry system is unique because of its capability of monitoring a patient's heart rate without confining him to a bed," Burgmeier said.

The battery operated transmitter, right, is worn under the patient's clothing in a cloth holster. It has a range of about 50 yards, and transmits vital information regarding the patient's heart rate.

Left, Collette Gnifkowski, SCH Dietician, was the first patient to make use of the remote telemetry system on 4 South. Collette, pictured in the 4 South solarium, thinks its marvelous that patients can be free to walk around while being monitored, and said that the transmitter, which must be worn constantly, "is certainly not uncomfortable."



Medical Staff News...

Dr. Rice named Chief of Staff

Dr. William H. Rice, an anesthesiologist, has been elected to succeed Dr. Stephen Sommers as Chief of the St. Cloud Hospital Medical Staff for 1975-76. His duties will begin July 1, 1975.

Dr. Rice is associated with Anesthesia Associates of St. Cloud, Ltd. He is a 1956 graduate of St. Mary's College in Winona and of the University of Nebraska College of Medicine at Omaha. He served his internship with Broadlawns-Polk Hospital in Des Moines, Iowa, and completed post-graduate training in Anesthesiology at the University of Minnesota Medical Center.

Besides being a member of the hospital's medical staff, Dr. Rice is

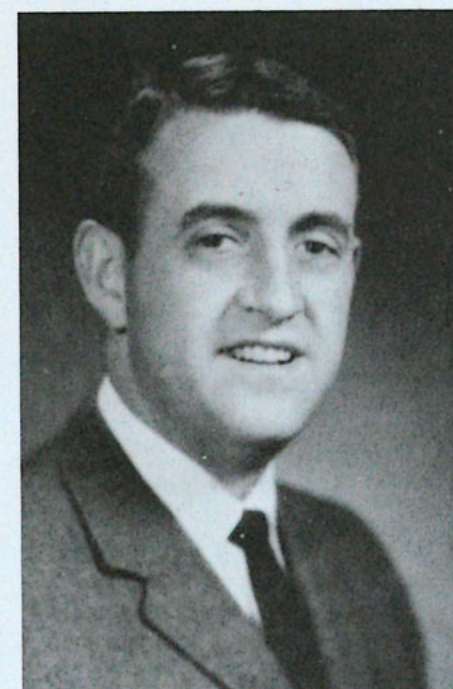
a member of the Stearns/Benton Medical Auxiliary, Minnesota Society of Anesthesiology and the American Society of Anesthesiology. He is certified in his field by the American Board of Anesthesiology.

Dr. Rice is active in community organizations, and previously served on the Board of Directors of Catholic Charities of Central Minnesota, Chairman of the St. Cloud Area Parochial Board of Education, and was a member of the founding Board of Education of St. Peters and Pauls school.

Dr. Rice is married and has eight children.

Other officers elected to the Medical Staff include: Dr. S. H. Koop, Chief of Staff Elect; Dr. H. E. Windschitl, Secretary; and Dr. J. F. DeVinck, Member at Large.

Chiefs of Service for the upcoming fiscal year are: Dr. J. W. Smith, Anesthesia; Dr. T. H. Dedolph, Dentistry; Dr. H. T. Hobday, EENT; Dr. C. W. Alden, Family Practice; Dr. P. S. Etzell, Medicine; Dr. J. R. Lyons, OB-GYN; Dr. J. A. Iverson, Orthopedics; Dr. M. S. Bozanich, Pathology; Dr. J. W. Wahl, Pediatrics; Dr. P. L. Warner, Psychiatry; Dr. H. M. Broker, Surgery; Dr. C. P. Ehlen, Urology.



Dr. W. H. Rice

Hospital School of Nursing graduates 62

The St. Cloud Hospital School of Nursing recently graduated 62 students from the class of 1975. This is the 65th class to graduate from the school since its founding in 1908.

Most of the 62 students had already accepted jobs by their graduation. Twenty of the students decided to stay on at SCH.

"I chose the St. Cloud Hospital

because of the current techniques and treatments it offers the patient," Rod Ophoven, R.N. 2 West said. "The Continuing Education Department continually brings new medical information and techniques to my attention, and the Hospital conveys a comfortable atmosphere; it makes you feel welcome — a part of the team."



In Memorium

Dr. George Loeb would have spent little time in eulogizing others. He would have expected none from the medical community at this time of his own demise. I hope the expression here would meet his approval and represent the minimum of our feelings toward him.

Some men's stature is always known and granted — among their peers with joy — among their enemies with respect — among the less fortunate with a kind of adulation — among the ignorant with puzzlement.

Some men's value is only partially appreciated — until they leave — and the defect where they stood in our lives fills ever so slowly, if at all.

J. C. Belshe, M.D.

Sponsorship: expanded role and commitment

(Continued from page 1)

nonprofit, church sponsored hospital in our effort to provide health care according to the moral and ethical commitments we follow as an Order of Sisters," Sister Henrita added.

"The involvement of the Church through the Diocese will not only reaffirm our adherence to Catholic principles regarding the protection and prolongation of human life, it will also emphasize our belief in the pluralistic system guaranteed by the First Amendment to our Nation's Constitution," she said.

Commenting on the Diocesan involvement as a sponsor of the hospital, Bishop George Speltz noted: "there is a growing realization of the importance of the health care apostolate because of the threat to

human life and dignity arising out of our technological society."

"There is a renewed need for the Church to become more involved in this apostolate," Bishop Speltz continued. "Traditionally, in the U.S.," he said, "religious communities have accepted most of the responsibility for this apostolate."

"They have built, maintained, and staffed hospitals with their own personnel," Bishop Speltz stated.

"However," he added, "with government regulations becoming more demanding and other pressures that are brought to bear, the religious communities have come to feel a need for a broader base of support."

"Though the Diocese is involved in many apostolates such as education, charity, communications, and the care of 146 parishes in Mid-Minnesota, it recognizes the need for a greater involvement in the health care apostolate," Bishop Speltz noted.

"The Diocese feels it is an honor to be associated with such an excellent health care facility as the St. Cloud Hospital," he concluded.

The membership of the new St. Cloud Hospital corporation will consist of five representatives (President, 1st Vice President, 2nd Vice President, Secretary and Treasurer) of the Sisters of the Order of St. Benedict and five representatives (Bishop, Vicar General, Chancellor, and two other directors) of the Diocese of St. Cloud. Their responsibilities will be limited to providing religious direction for the hospital, electing the Board of Trustees, and other matters involved strictly with the hospital's corporate structure.

"The Board of Trustees will continue to be responsible, as it is now, for the overall, day-to-day operation of the hospital," said Gene S. Bakke,



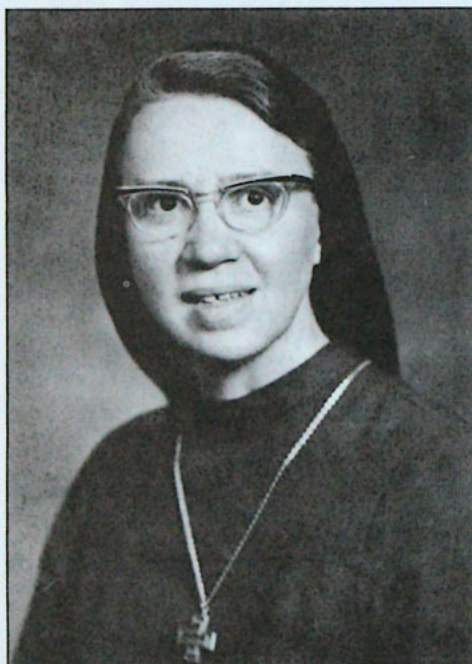
"There is a growing realization of the importance of the health care apostolate because of the threat to human life and dignity arising out of our technological society. With government regulations becoming more demanding and other pressures that are brought to bear, the religious communities have come to feel need for a broader base of support."

Bishop George Speltz
Diocese of St. Cloud

Executive Vice President. "It will have the authority to develop programs, set policy, and manage the resources of the institution in meeting the corporate objectives."

"In general," Bakke said, "the Board will retain its role as the hospital's governing body."

The new by-laws also state that the Board will consist of an equal number of lay persons and Sisters or clergy, with the Bishop and Prioress, or their designates, becoming an ex officio member of the Board.



"Up until now, sponsorship has been a rather nebulous term for most of us. In fact, it has not been considered a legal term. Now, with the restructuring of the St. Cloud Hospital Corporation, we have a more specific legal bond between the hospital and the religious community, and we have a realistically identifiable role as having ultimate responsibility for our sponsored institutions."

Mother Evin Rademacher
Prioress of the Sisters of the
Order of St. Benedict

Sr. Colleen Haggerty named President of Ogden hospital Board of Trustees

Sr. Colleen Haggerty, OSB, has been appointed President of the Board of Trustees at St. Benedict's Hospital in Ogden, Utah. The appointment was made last month by Mother Evin Rademacher, Prioress of the Sisters of the Order of St. Benedict. As President of the Board, Sr. Colleen will serve as the Prioress' designate to the hospital in Ogden which is currently constructing a new, \$12 million, 133 bed facility.

"I look forward to this new responsibility," says Sr. Colleen, "even though it means leaving St. Cloud Hospital." Sr. Colleen has been a member of the SCH staff for the past 18 years and has served as Therapeutic Teaching Dietitian, Director of Dietetics, and, most recently, as Director of the General Services Division.

As Director of General Services, Sr. Colleen also served as Building Coordinator and was largely responsible for directing the hospital's \$14 million expansion-renovation project which was completed just one year ago.

In addition to her responsibilities at Ogden, Sr. Colleen will remain in the St. Cloud area to work on some special assignments in food service, maintenance, and related projects at the Mother House in St. Joseph.

"Leaving St. Cloud Hospital is not easy," Sr. Colleen said, "many people have become part of the 'fabric of my life' and I will miss them."

"I am grateful to each and every person who helped me to be and to do my part in the care of our patients," she said.

The Departments in her Division are being merged into other Divisions in the hospital as a part of the administrative reorganization outlined on page eight.



Sr. Colleen Haggerty, OSB

"We're going to miss Sr. Colleen," said Gene S. Bakke, Executive Vice President, "her sense of compassion for the people she served — both her employees and our patients — truly represented the hospital's commitment to provide care in a Christian manner."

"I'm positive others will benefit from her sense of dedication to people as she goes about her duties in Ogden and at the Mother House," he said.

The hospital in Ogden is one of three hospitals the Sisters of the Order of St. Benedict sponsor. "Once you experience the dedication and spirit of the West as I did working with the search committee these past months, you get the disease — 'Ogdenitis!'" Previous to her appointment as President of the Board, Sr. Colleen had headed a search committee for an administrator for the hospital there.

St. Cloud Hospital Corporate Objectives

The St. Cloud Hospital Corporation is registered as a non-profit corporation in the State of Minnesota. Its stated purposes as outlined in its articles of incorporation include:

- establishing and maintaining facilities to provide medical care and treatment
- to exist and function pursuant to the teachings, disciplines and laws of the Roman Catholic Church
- to carry on related educational activities
- to promote and carry on related scientific research
- to engage in any activity designed and carried on to promote the general health of the community

Last Issue

This is the last issue of the **Beacon Light** for the 1974-75 year. There will be no July or August publications. The staff would like to thank everyone who helped to make the **Beacon Light** possible this year. The next issue of the **Beacon Light** will be published in September.

Expanded responsibilities result in administrative reorganization

Some major changes have been made in the Saint Cloud Hospital's administration, according to Gene S. Bakke, Executive Vice President. In making the announcement, Bakke cited the hospital's plans to offer managerial and consultive services to other area hospitals and nursing homes, the need to continually improve the delivery of health care to patients at the hospital, and efforts to strengthen its identity as a Church sponsored hospital as major reasons for the changes.

Beginning June 16, Sister Paul Revier, O.S.B., will become Associate Administrator for Patient Care Services, Sister Luke Hoschette, O.S.B., will join the staff as Director of Planning and Development and Dale J. Stein will assume the responsibility for the Division of Shared Services.

As Associate Administrator, Sister Paul will also be directly in charge of the hospital's Medical Support Division, which includes the Laboratory, Radiology, Dietary, Medical Records, Pharmacy, Respiratory Therapy, Emergency-Outpatient Department and EEG/ECG.

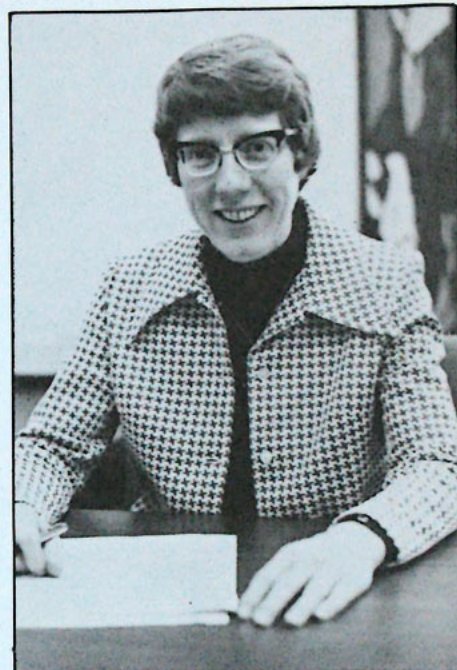
Sister Paul holds a Masters Degree in Hospital Administration (MHA)

from St. Louis University and has been associated with the Saint Cloud Hospital in several capacities for the past 20 years.

Sister Luke has been the Administrator of St. Raphael's Home for the past two years. She also served as Administrator of St. Benedict's Hospital in Ogden, Utah, from 1966 to 1971. Sister Luke is a graduate of the College of St. Benedict and holds an MHA Degree from St. Louis University.

As Director of the Division of Planning and Development, Sister Luke will have the responsibility for developing a new internal management planning system at the hospital, coordinating the master plan for future development of the hospital, and facilities design and construction. Her division will also include the Systems Design Department.

The newly created Shared Services Division has been established to provide management, consultative, and professional services to other hospitals and nursing homes. The Division, which will be headed by Dale J. Stein, will also be responsible for planning a new facility for care of the elderly. This facility will



SR. PAUL REVIER, O.S.B.
Associate Administrator,
Patient Care Services

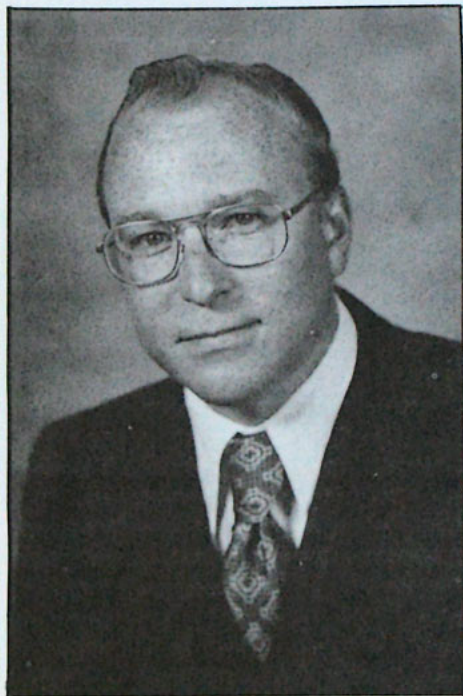
be built in the St. Cloud area and become a subsidiary of the Saint Cloud Hospital Corporation. Other services the Saint Cloud Hospital is prepared to provide to area health care facilities include: Data Processing services, Accounting, Purchasing services, Physical Therapy, Occupational Therapy, Recreational Therapy, Speech Therapy, Social Service, Continuing Education Services, Dietitian services, Laboratory services, Medical Record Consultation services, and Medical Staff Education and Consultation services.

The hospital developed its shared services plan about six months ago, according to Stein. "Since that time," he noted, "the responses from hospitals as far away as Baudette and Park Rapids, have indicated a strong need for a management service which not only helps develop programs, but also provides assistance and follow-up with their implementation."

"We will provide these services on a fee-for-service basis throughout the area," Stein said, "with a goal of making the service self-sustaining."

Stein earned an undergraduate degree at Bemidji State College and

(Continued on page 12)



DALE STEIN
Director, Shared Services Division



SR. LUKE HOSCHETTE, O.S.B.
Director, Planning & Development Division

My job . . . and why I like it.

Hospital involvement important for Clerk Messenger

Brian Johnson, Clerk Messenger, arrives at the St. Cloud Hospital at 7 a.m. He cleans the xerox machines and readies them for the day's work. Then Brian begins sorting mail from the night before, and later, when the Post Office and inter-departmental mail arrives, he sorts, bundles, and delivers it to 66 Units and departments.

"There are two reasons why I really enjoy working at the St. Cloud Hospital," Brian said. "The people and the involvement."

Brian began working for SCH four years ago under the Hospital's newly formed Part Time Employment Program for High School Students. He enjoys meeting and making new friends.

"It's really easy to make friends at the St. Cloud Hospital," Brian said. "And through my involvement in the Hospital's extra-curricular activities, it is easier to get to know them personally."

Brian takes an active part in both the hospital bowling league and softball team. He is the president of the bowling league and manager of the softball team.

"Because of my involvement, I view the Hospital



As a part of his morning duty, Brian sorts the incoming mail before he begins his mail run.

as more than just a job," Brian said.

"I have had other job opportunities, but I have declined because of the Hospital's atmosphere," Brian said. "I would have to do a lot of thinking before leaving the St. Cloud Hospital because I like it so well."

Brian is currently a student at St. Cloud State College majoring in Mass Communications with a minor in Speech. He hopes to make a career of either television or radio broadcasting when he graduates.



Brian stops at 66 departments on his daily mail run to deliver and pick up mail. He covers the entire run in about an hour, or one minute for each department.

Credit union news

by Perky Burke

We particularly wish to stress that all vacationers **should** obtain their Traveler's Checks from the Credit Union. There is no cost for this service, so that is a real saving; and they are negotiable anywhere — world-wide.

Also — if you need loans for vacations or 'most anything else — a Credit Union insured loan is your best bargain.

Or if you have money to save — the current dividend rate is 5¼% on passbook savings.

AT ANY RATE — JOIN YOUR CREDIT UNION!! IT'S ANOTHER OF THE VERY FINE FRINGE BENEFITS OF HOSPITAL EMPLOYMENT!!

New employee benefits highlight past year

As the 1974-75 fiscal year comes to a close, I would like to use this issue of the Beacon Light to reflect back on the past year and point out some of the ways the hospital has responded to employee needs through its benefit program. Many of these needs were indicated through the November, 1973 Employee Attitude Survey.

Perhaps the most well known addition to our benefit program is the Longevity Pay Program, which was implemented on January 1, 1975. It was designed to recognize and compensate for contributions made to the St. Cloud Hospital by long-term employees, both full-time and part-time. A check for 1%, 2% or 3% of the employees gross pay is presented annually on the anniversary date. The percentage amount of the check depends on the length

of employment.

The most recent benefit SCH employees have received is term life insurance. All full-time employees received life insurance in an amount equal to their annual earnings, rounded to the nearest thousand dollars. All part-time employees with two or more years tenure received \$3,000 of life insurance, regardless of earnings.

On August 1, 1974, a more comprehensive group health insurance contract from Minnesota Blue Cross/Blue Shield became effective. This new master contract increased many of the benefits, and in particular, it made it possible for employees who had formerly been denied health insurance the opportunity to enroll in the plan.

The results of the Attitude Survey also indicated a need for increased communications within the Hospital. As a result, either directly or indirectly, more departmental meetings, workshops and inservices have been scheduled. A daily bulletin for the Hospital's daily day-to-day news is also being published.

The Continuing Education Department now offers 100% tuition reimbursement for any employee after they have successfully completed a job related college or vocational school course.

The new benefits coupled with the existing benefits make an excellent benefit program for SCH employees. Not counting holidays, sick leave or paid vacations, the St. Cloud Hospital paid \$1,128,000 in employee benefits during the 74-75 fiscal year.



The St. Cloud Hospital recently received a new "play cart" for its Pediatric Unit. The cart, and a check for \$236, was donated to the hospital by the Stearns/Benton Medical Auxiliary. The money will be used to purchase new toys and equipment for the patients on the unit.

Pictured are, l.-r. Mrs. H. J. Brattensborg, Mrs. J. A. Iverson, and Mrs. R. P. Koenig from the Medical Auxiliary. Marilyn Anfenson, R. N. and instructor with the St. Cloud Hospital School of Nursing accepted the check and cart for the Hospital.

The money was raised by the Auxiliary through an afternoon of bridge playing in 11 different members' homes. The cart is used by the staff of 4 North to carry toys, games and crafts to the patients who cannot use the playroom facilities, and can also be used to store these items.

Eight receive staff promotions

Carolyn Andrews, Education Coordinator Nursing Service, promoted to Education Coordinator Nursing Division

Annette Reynolds, NA I, passed her State Boards, promoted to LPN

Bonnie Himsl, Nurse Aide on 5 South, passed State Boards, promoted to LPN

Kathy Berg, Staff Nurse on 5 South, promoted to Team Leader

Patricia Athman, Medical Technologist - Laboratory, promoted to Section Head, Blood Bank

Evelyn Przybilla, Pharmacy Technician Trainee, promoted to Pharmacy Technician

Barbara Ethen, Medical Technologist, promoted to Section Head, Biology

Jan Foehrenbacher, EDP Operator, promoted to Computer Operator

537 years of service honored during June



FROM THE ST. CLOUD HOSPITAL KITCHENS

SPINACH AUGRATIN

This month's recipe from the St. Cloud Hospital Kitchens has been reprinted by popular demand. It provides a fancy way to dress-up a nutritious vegetable.

- | | |
|--------------------------|-------------------------------|
| 2 Tablespoons Margarine | 1 Pkg. Frozen, Cooked Spinach |
| 2 Tablespoons Flour | 1/4 Cup Buttered Bread Crumbs |
| 1 Cup Milk | 1/8 Teaspoon Pepper |
| 1/2 Cup Cheese, Shredded | 1/4 Teaspoon Salt |

1. Melt margarine over low heat. Blend in flour and seasonings. Stir until mixture is smooth.
2. Remove from heat. Stir in milk. Bring to boiling stirring constantly. Boil 1 minute.
3. Add cheese. Stir until melted.
4. Fold cheese sauce into cooked, well-drained spinach.
5. Put into casserole. Sprinkle with bread crumbs.
6. Bake at 350 degrees just until bread crumbs are golden brown.



A total of 38 SCH employees representing 537 years of service were honored during the month of June with longevity pay checks. Average length of service was 14 years. Above left, Celie Winkler receives her check for 30 years of service from Martha Smith, 4 North Head Nurse (l), and Carol Borman, Assistant Director Nursing Service (r).

Above, Sister Virginia Eisenschenk, O.S.B., is honored by Father McMannus, Spiritual Care Department Head, for 40 years of service.

Left, Pauline Nierenhausen, X-ray Department Aid, receives congratulations from Harry Affeldt, X-ray Department Head for her 14 years of service to the St. Cloud Hospital.

Beacon Light

published by
The Public Relations Department
of
The Saint Cloud Hospital

— EDITORIAL STAFF —

Jeff Blair
Pernina Burke
Sr. JoAnn Bavier, OSB
Agnes Claude
Barbara Erickson
Jeanne Eveslage
Sally Grabuski

Marie Hoppert
Bea Knuesel
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Auxiliary plans Winter Wonderland Ball

"November 8, 1975 has been chosen as the date of the first annual 'Winter Wonderland Ball,'" according to Mrs. Max Landy, who chairs the St. Cloud Hospital Women's Auxiliary Ways and Means Committee.

The ball, which is being sponsored by SCH Volunteers, will be held at the Germain Hotel, with all proceeds being used to purchase new equipment for the Hospital.

"Committees are now being organized to make the final arrangements," Mrs. Landy said. "We've got a big job ahead of us, but we'll be ready."



The St. Cloud Hospital Candy Strippers, above, recently held a car wash in order to raise enough money to allow them to take an educational field trip to the University of Minnesota Hospital. The Candy Strippers were honored at a June 16 reception where Mary Spiering, retiring Candy Stripper President received her 1,000 hour pin.



Left, a total of 151 SCH Volunteers were honored at the St. Cloud Hospital Auxiliary Luncheon held earlier this month. Among those honored were, l.-r. Mrs. Barb Pappenfus, 2,500 hrs.; Mrs. Agnes Habstritt, 3,000 hrs.; Mrs. Ann Johnson, Mrs. Marge Kline, Mrs. Dorothy Schneider, and Mrs. Helen Liljedahl, all for 2,500 hours. Congratulations to all!!

reorganization

(Continued from page 8)

an MHA from St. Louis University.

According to Bakke, the hospital has added "significantly to its administrative responsibility through reassignment of administrative duties without increasing staff."

"This means that all members of our management team, Division Directors and Department Heads, will assume a greater work load," Bakke explained.

Beacon Light

ST. CLOUD HOSPITAL
1406 6th Avenue North
St. Cloud, Minnesota 56301

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